



21st National Veterans Wheelchair Games

New York Minute

July 1-5, 2001 ~ New York City



M O N D A Y

J u l y 2, 2 0 0 1

**Today's
Weather:** **70°**
Cooler with slight
breezes.

NOTE:

Helmets must be worn
at 5K race and track
events. Limited helmets
are available at the
event.

LOCAL VETERAN HELPS DESIGN MOTOR RALLY COURSE

By Jan Northstar

Bronx veteran Lyndon Bradshaw is an unassuming young man. Mild mannered and soft spoken, he helped design the picturesque Motor Rally course in Central Park.

Bradshaw, 28, said he became involved at the request of a therapist at the Bronx VA Medical Center. He directed local college students in designing the course -- an event for veterans using power wheelchairs. According to Bradshaw, Motor Rally is a "mental event." Each competitor receives a map, instructions and a check card at the start. Questions are multiple choice, like "Who Wants to Be a Millionaire," and asked at ten checkpoints. Participants receive a point for each correct answer. One poker card is given at five of the checkpoints. Each competitor gets up to ten points for the hand received and quiz questions often pertain to the host city of the Games, in this case New York City.

"The fun thing is stations are far apart and participants will get a chance to view the surroundings of Central Park in between."

For Bradshaw, though, getting back to the Bronx has been a long road. Returning from a training exercise while



Bronx veteran Lyndon Bradshaw.

stationed in the Army at Ft. Lewis, Washington on August 9, 1996, a car cut into the path of his truck, causing it to flip several times. "As soon as I had the accident, I knew I was paralyzed because I couldn't feel anything," said Bradshaw. "I immediately thought to myself, 'okay, where do I go from here.'"

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LET THE GAMES BEGIN!

The excitement builds as athletes gather for the opening ceremonies which will kick off the National Veterans Wheelchair Games in the heart of New York City, Times Square.

LOCAL VETERAN HELPS DESIGN MOTOR RALLY COURSE

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A quadriplegic, he went from a civilian hospital to an Army hospital and then transferred to Richmond, Va. VAMC to be near his daughters. Eventually, he returned to the Bronx VAMC where recreational therapists Brett Vess and Juan Rodriguez encouraged him to go to the Games. His first Games was in San Diego in 1997 where he participated in the Motor Rally, Bowling and Slalom.

"Once I got into rehab, I knew there was a light at the end of the tunnel," said Bradshaw. "I received

great encouragement at the Games and learned that once you get past the first event, everything else will seem easier. The next year, you know what to expect and how to get ready for it. The more you come back, the more experienced you become. The Games are really a chance for you to enjoy yourself once a year."

Make sure to look for athlete #89 at Motor Rally. If he has a big smile on his face, it's because the course has lived up to Lyndon Bradshaw's expectations.

WINNERS OF BROADWAY TICKETS RAFFLE

Phantom of the Opera

Phil Adams
Victor Malletie
Tyrone Brown
Joe Dunn
Ken Medeiros

Aida

Phillip Howell
Carroll Johnson

Lion King

Jake Hipps
Joe Russell

Blast

Travis Chandler
Lou Di Donna
Paul Regan
Wayne Blackwell
Michael Quiles
Dave Kleinfelter

21ST NATIONAL VETERANS WHEELCHAIR GAMES

SCHEDULE OF EVENTS

MONDAY JULY 2

<i>TIME</i>	<i>EVENT</i>	<i>LOCATION</i>
6:00-9:00 AM	BREAKFAST	MARRIOTT Skylobby Fl., 16, 23
7:30- 8:30 AM	LATE REGISTRATION	MARRIOTT
9:00 AM	SLALOM, IA-B-C	MARRIOTT Broadway Ballroom 6th Fl
	BOWLING, IV-V	CHELSEA PIER
	9 BALL, II-III	CORNER BILLIARDS
10:00 AM	AIR GUNS	MARRIOTT Westside Ballroom 5th Fl.
11:00-1:00	LUNCH	MARRIOTT Skylobby Fl., 16, 23
		CHELSEA PIER
		CORNER BILLIARDS
1:00 PM	AIR GUNS	MARRIOTT
	BOWLING, II-III	CHELSEA PIER
	9 BALL, IV-V	CORNER BILLIARDS
	SLALOM, MOTOR	MARRIOTT
3:00 PM	AIR GUNS	MARRIOTT
4:30-6:30 PM	DINNER	MARRIOTT Skylobby Fl., 16, 23
		CHELSEA PIER
6:30 PM	BOWLING, IA-IB-IC, STK., HDL.	CHELSEA PIER
	SLED HOCKEY, (EXHIBITION)	CHELSEA PIER
	BASKETBALL, GAME 1-2-3	RIVER BANK PARK
7:00 PM	AIR GUNS	MARRIOTT
8:00 PM	BASKETBALL, GAME 4-7	RIVER BANK PARK

TRANSPORTATION SCHEDULE

All buses depart from the 45th Street side of the Marriott

<i>TIME</i>	<i>EVENT</i>	<i>DESTINATION</i>
6:30am-10pm	Bowling Shuttle	Chelsea Piers
6:30am-5pm	9 Ball Shuttle	Corner Billiards
10am-1pm	Bowling Shuttle	Chelsea Piers
11pm-5pm	9 Ball Shuttle	Corner Billiards
4pm-8pm	Sled Hockey (EXHIBITION)	Chelsea Piers
4pm-11pm	Basketball Shuttle	Riverbank State Park

MEDICAL EMERGENCIES AND ASSISTANCE

Two Medical Suites, located in the 4th floor Gilbert and Odette Rooms, will be fully operational for treatment of minor injuries and illnesses. The rooms will be open from 7am to 11pm.

Medical Staff will also be available at each venue activity at the Marriott and will make rounds at each of the three mealtime areas on a daily basis.

All other venue sites will also

have Medical Support provided for the entire time the activities are in place.

After hours, a Games Physician will be on call each night, and can be reached by calling the hotel operator. In the event of a life-threatening emergency, dial the hotel operator to call 911.

THURSDAY BAGGAGE CHECK AND PRE-BOARDING-A MUST

In order to get all bags and luggage ready for airport transportation and to pre-board for your departing flight, please follow the following instructions:

- Have all luggage packed and ready to be picked up by hotel staff at 2:00pm on Thursday (Bags and luggage will be brought to the Westside Ballroom)
- Athletes must pre-board from 5:00pm to 10:00pm on Thursday. Please go to the pre-boarding area in the Westside Ballroom, reunite with your luggage and collect your boarding pass. Your luggage will be delivered to the airport and on your flight

WHEELCHAIR REPAIR

Wheelchair Repairs will be provided at each of the Games Venues during scheduled events by one of the major sponsors, Invacare Corp. Invacare will provide service free of charge to any veteran athlete requiring repair service.

The Eastern Paralyzed Veterans Association (EPVA) will also have their wheelchair repair staff on duty at the Marriott from 8:30am to 4:30pm daily in the Wilder Room. VISN3 Prosthetics staff will be on duty at the wheelchair repair station in order to establish eligibility and process payment for any EPVA repairs.

Immediately adjacent to the Wilder Room, in the Hart Room, Network Prosthetics will store, issue and when necessary deliver to the athletes rooms the Durable Medical Equipment that the athletes requested in their initial Games application package.

TODAY'S MENU

Breakfast

6:00 a.m. – 9:00 a.m.

Marriott Skylobby Flrs 16,23

- Egg, Ham and Cheese Breakfast Sandwich on Croissant
- Muffins and Bagels with Cream Cheese, Butter, Margarine, and Preserves
- Assorted Beverages

Lunch

11:00 a.m. – 1:00 p.m.

Chelsea Pier

Corner Billiards

Marriott Skylobby Flrs 16,23

- Garden Salad with a choice of Assorted Dressings
- Pre-made Sandwiches to Include: Roast Beef, Turkey and Tuna Fish
- Individual Bags of Potato Chips
- Homemade Cookies
- Assorted Beverages

Dinner

4:30pm-6:30pm

Chelsea Pier

Marriott Skylobby Flrs 16,23

- Lasagna with Fresh Tomato Basil Sauce on a Bed of Sautéed Spinach
- Chefs Choice of Dessert
- Assorted Beverages